

Kāpiti U3A - Newsletter



January 2023

Happy New Year everyone

What could be nicer than a fresh new year to plan new activities and find new interests?

Hopefully, the articles and ideas featured in this newsletter, from around our region will stimulate interests so members would feel confident to attend or start new Interest Groups.

Marian Cadman

Kāpiti U3A Walking Group



This photo is of the U3A Walking Group enjoying the sunshine and a walk through the Whareroa Farm. The group plan a different route each week and are looking to encourage new members to enjoy the walks. Maureen Robb is the convenor of the Walking group and she would be happy to welcome new people.

<https://www.kapitiu3a.com/contact-us/>

Our website

webmaster@kapitiu3a.com

Is the place to go if you want current information or details of any of our activities including current interest group information.



AGM News

The committee is liaising with Kaleidoscope to finalise a date for our AGM which will be held this year in conjunction with a Kaleidoscope meeting on a Monday morning. All members will be sent formal notice of the date & agenda when it is finalised.



Committee News

Kapiti U3A Rules

The Incorporated Societies Act has been rewritten. The original Act was passed in 1908 and things have changed a little since then, Kapiti U3A did a major rewrite of its Rules in 2020 which anticipated most of the required changes. There are a small number of rules which we need to update.

In 2022 we had considerable difficulty getting a quorum for an AGM and we have looked at other U3As and will be proposing a change to address this issue. The changes which the committee will be recommending to the 2023 AGM are:

- 1 To appoint a Contact Officer (as required by the new Act)
- 2 To remove the requirement for a formal financial review every year
- 3 To enable meetings to be held electronically or by other means
- 4 To clarify the process when a quorum is not present at a General Meeting

More detailed information about the changes including the actual wording is now on our website at <https://www.kapitiu3a.com/about-us/rules/>

The committee urges all members to read these changes and if you have any questions or concerns, please contact one of the committee.



What's on your Book Shelf?

The biography, *The Chancellor* by Kati Morton is an engaging read about Angela Merkel...her life and her amazing career. Of real interest was

reading of her upbringing in East Germany before unification, with her father, a strict Lutheran pastor. Her interactions with men leaders she met who felt threatened by her power and how she maintained her composure in many difficult situations were enlightening. She managed to maintain her privacy and semblance of a normal life, avoiding the populism so prevalent today. A book I'd recommend.

Sharon McIntosh

2023 Membership Renewals

Have you paid your membership fee yet? There is still plenty of time for you to renew before the due date. Renewal is \$15 per email member and you can pay online to Kapiti U3A at **38-9024-0044789-00** please put your surname & initial & phone in the fields available. NB This is a NEW account – please do NOT make payments to our old account which starts 03....



Kaleidoscope

The Kaleidoscope Committee is planning another year of stimulating speakers for 2023.

As soon as the Term 1 list is prepared and ready you will be notified by email and in our website.

<https://www.kapitiu3a.com/kaleidoscope/speakerlist/>.

Did you know?

An interest group may be as short or as long as you want. It may be a "Pop-up" group that needs no long-term commitment.

Remember the committee can help promote your idea or event to test an idea out.

Give it a Go in 2023! We look forward to hearing from you.



Enjoy a relaxing summers day out exploring beautiful gardens on the stunning Kāpiti Coast.

This two-day self-drive event will showcase 12 gardens from Otaihangā through to Peka Peak. Discover hidden gems and gain ideas and inspiration for your own gardens and outdoor spaces.

Tickets are \$25 per person for one day, or \$40 per person for two days, with children under 15 years free if accompanied by an adult.

Gardens are open from 10am – 5pm daily over the weekend of 28-29 January.

Tickets can be purchased at any Ray White office or local garden centres.

If you enjoy Gardens/Gardening why not join one of U3A gardening groups? Or perhaps start a new one?



New Interest Groups

Does alchemy, mysticism, Gnosticism interest you? A member has expressed an interest in holding a group discussion on these topics and related subjects. If you are interested in joining, please contact us.

Movies Group – Anyone interested in joining a Movie group? Come along and be entertained from time to time with movies from here and around the world.

Opera Group. New member Wim Oosterhoff is looking to set up a fortnightly group to watch and discuss opera. If you are interested, contact Wim on 0211448106.

Please contact us by using the website at

<https://www.kapitiu3a.com/contact-us/>

Wild Britain.

If you have never seen Ray Mears' wild-life programmes, this is an opportunity to view two each Friday session, with afternoon tea in the company of like-minded U3A members. The filming of this series is brilliant - don't miss out!

Venue: Waikanae

Time: 2pm - 4.15pm.

Dates: Fridays - 10th March, 17th March, 24th March and 31st March.

Maximum number: Seven

Contact: Anne Wall, 293-5000
or anne.belvedere@gmail.com

U3A Online

The Kapiti U3A site has at

<https://www.kapitiu3a.com/whatwedo/other-u3a-groups/> links to other U3As in the lower

North Island. All U3As are independent organisations and it is interesting to see what other U3As are doing. Your own U3A compares favourably with other U3As in the region.

If you are interested in online courses then the Australian group *U3A Online* has a wide range of courses available. The link is on the page above. If a group of Kapiti U3A members wanted to get together to form an Interest Group to use the resources available at *U3A Online* then contact your committee and Kapiti U3A will register so that our members can use these resources.



Mahara iti

Visit us at our temporary district gallery near old Main Road while our gallery is being rebuilt!
Showing Kapiti artists and artisans

PRANAM: recent paintings
by Sophie Saunders

Pranam III

21-23 Dec 2022; 9 Jan-17 Feb 2023

Artist's talk: 3pm, 8 Feb 2023

Nau mai, haere mai

You are warmly invited to the opening of *Pranam: recent paintings by Sophie Saunders*, and our end of the year celebration.

Thursday 22 December, 4-5.30

RSVP to info@maharagallery.org.nz. The gallery will be closed from 24 December and reopens on Monday 9 January 2023

2 Mahara Place, Waikanae
Mon - Fri | 10am - 4pm

  Follow us for our current shows
www.maharagallery.org.nz


Kāpiti Coast
DISTRICT COUNCIL
Mē Huri Whakamuri, Ka Tiro Whakamua

If you are interested in art, galleries, museums, we would love to know so we can assist in starting up a Interest group for others who are also keen.
We'd love to hear from you.

Mahara Gallery, Waikanae is due to open in early 2023

Fun Thinking Time

Put on your thinking cap – have a chew on your pencil – and come up with a **paraprosdokian**! Derived from a Greek word meaning “beyond expectations” a paraprosdokian is a sentence with an unexpected shift in meaning created by a pun, a deliberate misunderstanding, or a witty juxtaposition.

Some examples are:

- “War does not determine who is right— only who is left.” — *Bertrand Russell*
- "On the other hand, you have different fingers." — *Steven Wright*
- "Outside of a dog, a book is man’s best friend. Inside of a dog, it’s too dark to read."
- — *Jim Brewer, sometimes attributed to*
- *Groucho Marx*

(Borrowed from Hutt Valley U3A November newsletter)

To all our new members - Welcome we look forward to enjoying your company at our various meetings, at Kaleidoscope or at an Interest group.

Mrs Barbara Parker
Mr Alastair Pain
Mr Steve Monks
Mrs Elaine Monks
Mr Steve Matthews
Ms Berry Clark
Mrs Ursula Dunn
Ms Sue Blyth
Mrs Gwynneth Carter
Mr Wim Oosterhoff
Mrs Deb Botes
Ms Alexandra Burt
Mr Russell Brooking
Ms Margaret Atkins
Mrs Lore Leseberg
Mr John Teesdale
Mrs Christine Teesdale
Mr Philip Waterhouse
Mr Grant Johnson
Mr Trevor Cobeldick

Kāpiti U3A Committee members and how to contact them

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The AGM appoints the committee for the following year. If you are willing to give a couple of hours each month to help keep Kapiti U3A ticking along please consider joining our small committee. Let any of the committee members know about your willingness to help.

Better Banking Workshop

ASB & Age Concern Kāpiti

February/March 2023

(Date and times to be advised)

- Advice and support
- Where can I go for help?
- Spotting Financial Abuse
- Bullet-proofing against scams and frauds
- Warning signs of elder financial abuse

Booking essential Ph 04 298 8879

Venue: Tui Room, Kāpiti Impact Hub, 6 Tongariro Street, Paraparaumu

We welcome contributions and feedback on our newsletters. Contributions this month came from Phil Glasson, Marian Cadman, Paul Goodhead, Sharon McIntosh, Anne Wall, Hutt Valley U3A.